



A linear-elastic-nonlinear-swelling model for hydrogels

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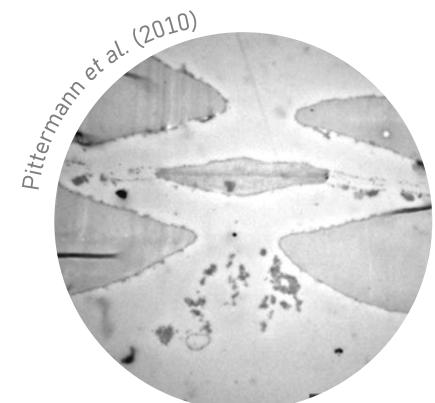
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Modelling hydrogels

Formed of a hydrophilic polymer scaffold surrounded by adsorbed water molecules

- can comprise >99% water by volume but remain solid
- behave elastically with low shear modulus
- swell or dry to extreme degrees when water is added or removed



Time immersed in water (~hours)

Final
radius of
~1.5cm



Hydrogels

Fully-nonlinear models

$$W = W_{\text{mix}} + W_{\text{elastic}}$$

- Energy density function with contributions from mixing (entropy, electrostatic interactions, temperature-dependence, ...) and elasticity (of individual polymer chains).
- Accurate, models large strains
- Not analytically tractable, parameters hard to determine

Flory & Rehner (1943a,b), Cai & Suo (2012), Bertrand et al. (2016), Butler & Montenegro-Johnson (2022)

Fully-linear models

$$\frac{\partial \phi}{\partial t} = D \frac{\partial^2 \phi}{\partial x^2} \quad \left(D = K + \frac{4}{3}\mu \right)$$

- Based on linear poroelasticity, interstitial flow via Darcy's law. Treats gel as a linear-elastic material.
- Analytically tractable, clear physics, 'macroscopic' parameters
- Can't deal with large swelling strain

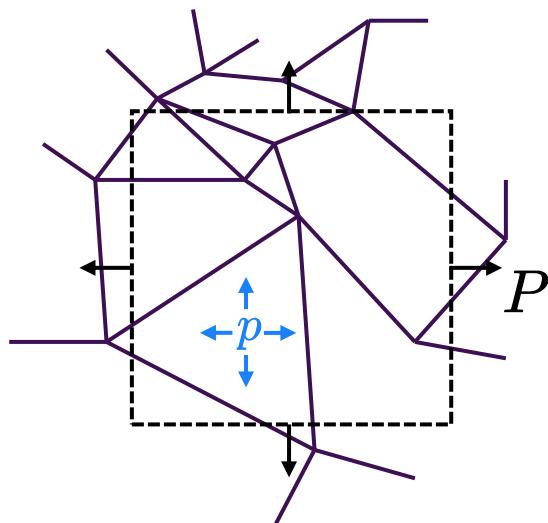
Biot (1941), Tanaka & Fillmore (1979), Doi (2009)

Poromechanics

A geophysicist's approach: separate contributions from stress into a 'pore pressure' and an 'effective stress'

$$\boldsymbol{\sigma} = -p\mathbf{I} + \boldsymbol{\sigma}_{\text{eff}}$$

Bulk pressure (or thermodynamic pressure) the isotropic stress exerted by a sample of gel; our familiar concept of pressure



Pervadic pressure (or Darcy pressure, "pore" pressure) is the pressure as would be measured by a transducer separated by a partially-permeable membrane from the gel.

In soil science: p is the pore pressure,

In colloids: p is [related to] the

chemical potential, Π is the osmotic pressure

p drives flows by Darcy's law:

$$P = p + \Pi$$

osmotic effects?
isotropic elasticity?
generalised osmotic pressure

$$\mathbf{u} = -\frac{k}{\mu_l} \nabla p$$

$$\mathbf{u} = (1 - \phi)(\mathbf{u}_w - \mathbf{u}_p)$$

permeability

(dynamic) viscosity of fluid

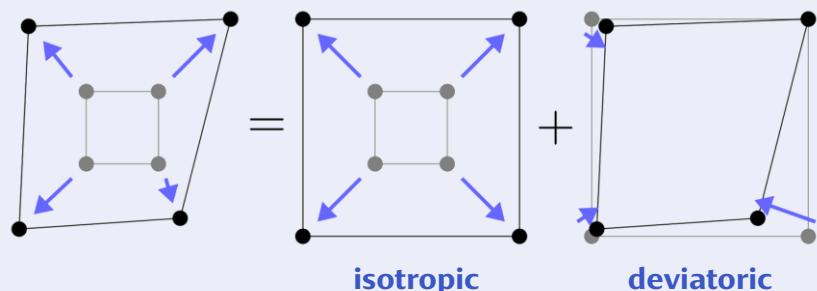
Poromechanics

Linear (Biot) poroelasticity specifies a linear-elastic constitutive relation linking strains to effective stresses. Hydrogels swell a lot, with potentially large strains: linear is no good!



One way around this: use **finite strain (nonlinear) elastic models** for effective stress.

e.g. Hencky model $\sigma_{\text{eff}} = \frac{\Lambda\phi}{2} \text{tr}(\ln(\mathbf{FF}^T))\mathbf{I} + \frac{M - \Lambda}{2} \ln(\mathbf{FF}^T)$



assume linearity only in the **deviatoric strain** from some **fully-swollen reference state**

"linear-elastic materials with properties dependent on swelling state"

The linear-elastic-nonlinear-swelling model

Therefore, the deviatoric part of the effective stress tensor must depend linearly on the deviatoric part of the Cauchy strain (the isotropic part could be huge)

$$\mathbf{e} = \frac{1}{2} [(\nabla \xi) + (\nabla \xi)^T] = \left[1 - \left(\frac{\phi}{\phi_0} \right)^{1/3} \right] \mathbf{I} + \boldsymbol{\epsilon}$$

isotropic strain
depends only on degree to
which gel is swollen

deviatoric strain
assumed small

This allows us to construct a stress tensor like usual

$$\boldsymbol{\sigma}_{\text{eff}} = -\Pi(\phi) \mathbf{I} + 2\mu_s(\phi) \boldsymbol{\epsilon}$$

shear modulus depends
on swelling!
dry gels will probably be
stiffer

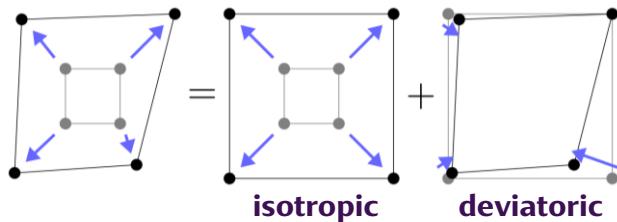
isotropic part must be (-) osmotic
pressure
since the isotropic part of the total
stress tensor is (-) the bulk
pressure

depends on swelling alone
isotropic strains lead to isotropic stresses
– see the isotropic part of strain tensor
physically intuitive result

The linear-elastic-nonlinear-swelling model

$$\boldsymbol{\sigma} = -p\mathbf{I} + \boldsymbol{\sigma}_{\text{eff}}$$

$$P = p + \Pi$$



$$\mathbf{e} = \frac{1}{2} [(\nabla \boldsymbol{\xi}) + (\nabla \boldsymbol{\xi})^T] = \left[1 - \left(\frac{\phi}{\phi_0} \right)^{1/3} \right] \mathbf{I} + \boldsymbol{\epsilon}$$

$$\boldsymbol{\sigma}_{\text{eff}} = -\Pi(\phi)\mathbf{I} + 2\mu_s(\phi)\boldsymbol{\epsilon}$$

$$\mathbf{u} = (1 - \phi)(\mathbf{u}_w - \mathbf{u}_p)$$

$$\mathbf{q} = (1 - \phi)\mathbf{u}_w + \phi\mathbf{u}_p$$

- Have an expression for stress in the gel, so conservation of momentum links pressure gradients to deviatoric strains,

$$\nabla \cdot \boldsymbol{\sigma} = 0 \quad \text{so} \quad \nabla p = -\nabla \Pi(\phi) + 2\nabla \cdot [\mu_s(\phi)\boldsymbol{\epsilon}]$$

pervadic pressure gradients
oppose osmotic ones

- Since gradients in pervadic pressure drive flows, this allows us to describe gel reconfiguration (when coupled with conservation of polymer and water)

$$\frac{\partial \phi}{\partial t} + \mathbf{q} \cdot \nabla \phi = \nabla \cdot (\phi \mathbf{u}) \quad \text{alongside} \quad \mathbf{u} = -\frac{k(\phi)}{\mu_l} \nabla p$$

depends on swelling
phase-averaged (gel and water) flux

$$\frac{\partial \phi}{\partial t} + \mathbf{q} \cdot \nabla \phi = \nabla \cdot \left\{ \frac{k(\phi)}{\mu_l} \left[\phi \frac{\partial \Pi}{\partial \phi} + \frac{4\mu_s(\phi)}{3} \left(\frac{\phi}{\phi_0} \right)^{1/3} \right] \nabla \phi \right\}$$

Characterising a gel

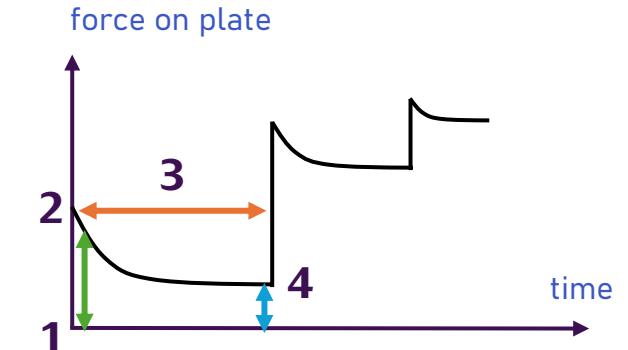
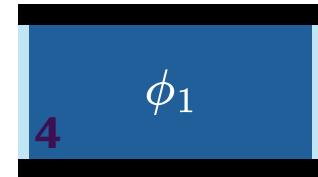
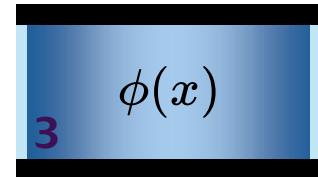
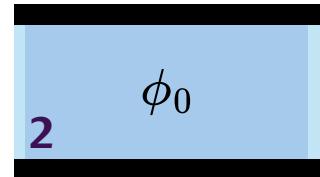
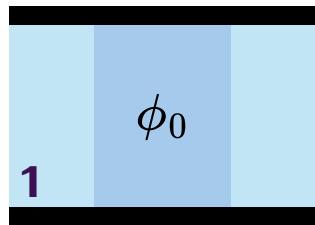
$$\frac{\partial \phi}{\partial t} + \mathbf{q} \cdot \nabla \phi = \nabla \cdot \left\{ \frac{k(\phi)}{\mu_l} \left[\phi \frac{\partial \Pi}{\partial \phi} + \frac{4\mu_s(\phi)}{3} \left(\frac{\phi}{\phi_0} \right)^{1/3} \right] \nabla \phi \right\}$$

$$\boldsymbol{\sigma} = -[p + \Pi(\phi)]\mathbf{I} + 2\mu_s(\phi)\boldsymbol{\epsilon} \quad \mathbf{u} = \frac{k(\phi)}{\mu_l} \left[\frac{\partial \Pi}{\partial \phi} + \frac{4\mu_s(\phi)}{3\phi} \left(\frac{\phi}{\phi_0} \right)^{1/3} \right] \nabla \phi$$

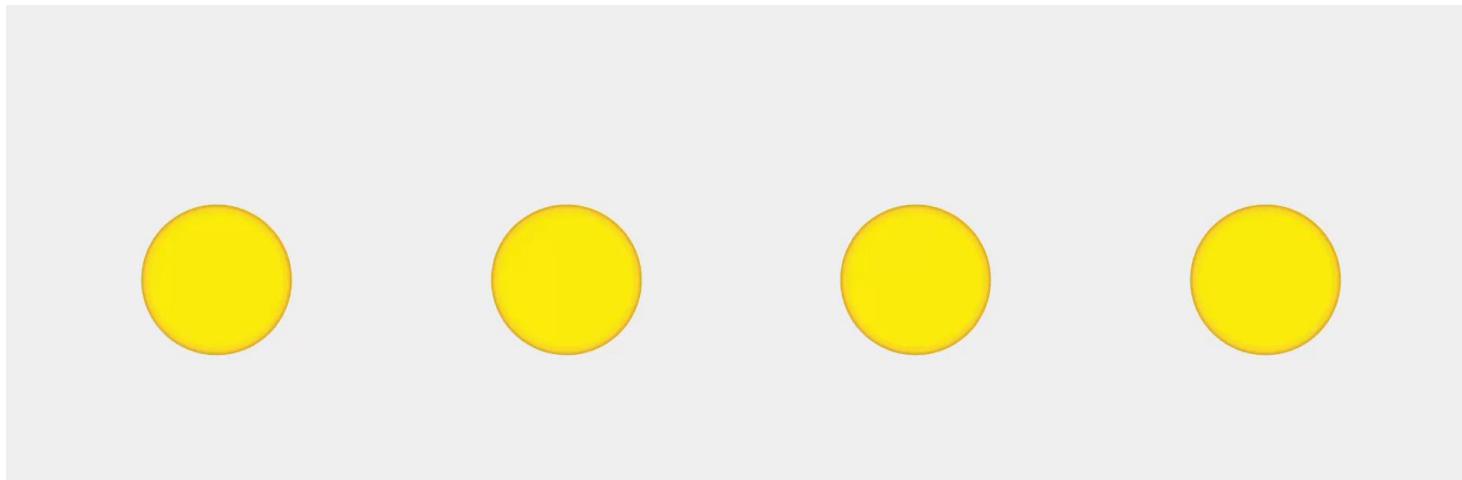
Shear modulus characterises the stiffness of a hydrogel and describes the initial elastic response before water diffuses through the structure

Osmotic pressure characterises the affinity for water ('desire' to swell or deswell)

Permeability describes the resistance to viscous flow through the pore scaffold



Insights from LENS modelling



Uniaxial problems are easy: shape set by polymer conservation

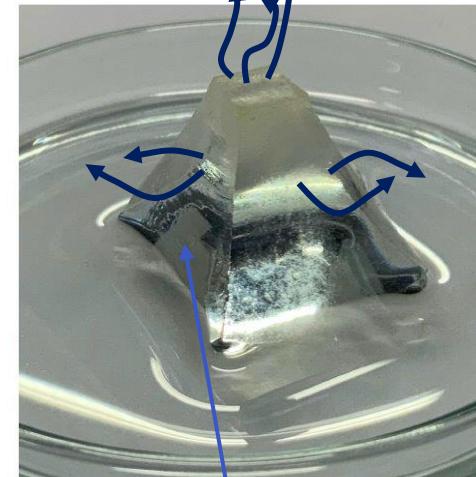
1+1 dimensional advection-diffusion equation

BC at gel-water interface set by stress and pressure balance

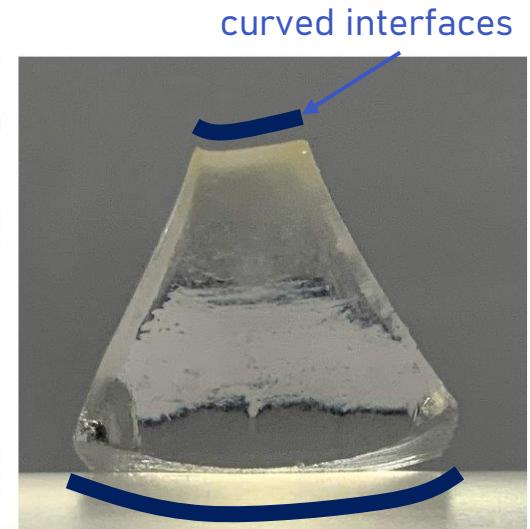
More complex geometries = hard!

Need to relate swelling state to displacement to find how the shape evolves

$$\nabla^4 \xi = -3 \nabla \nabla^2 (\phi/\phi_0)^{1/3}$$



differential drying



curved interfaces

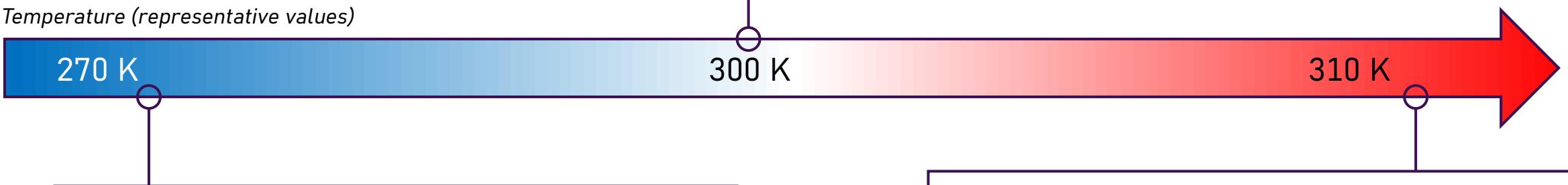
Overview

1. LENS modelling of gels

Osmosis · elastic stresses · equilibrium
swelling · transport of water · shape change
in swelling/drying · behaviour at interfaces ·
characterising a gel

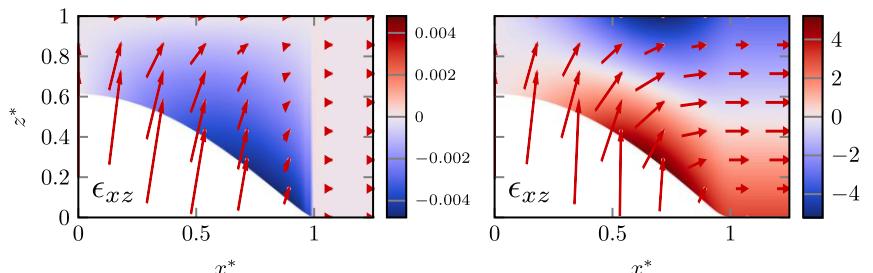


Temperature (representative values)



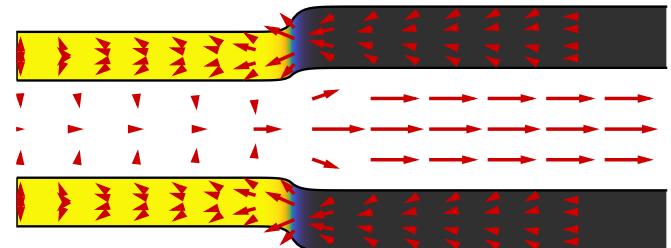
2. Freezing gels at low(-ish) temperatures

Formation of pure ice · cryosuction · applying
model to GelFr0 · a 2D model · stress buildup

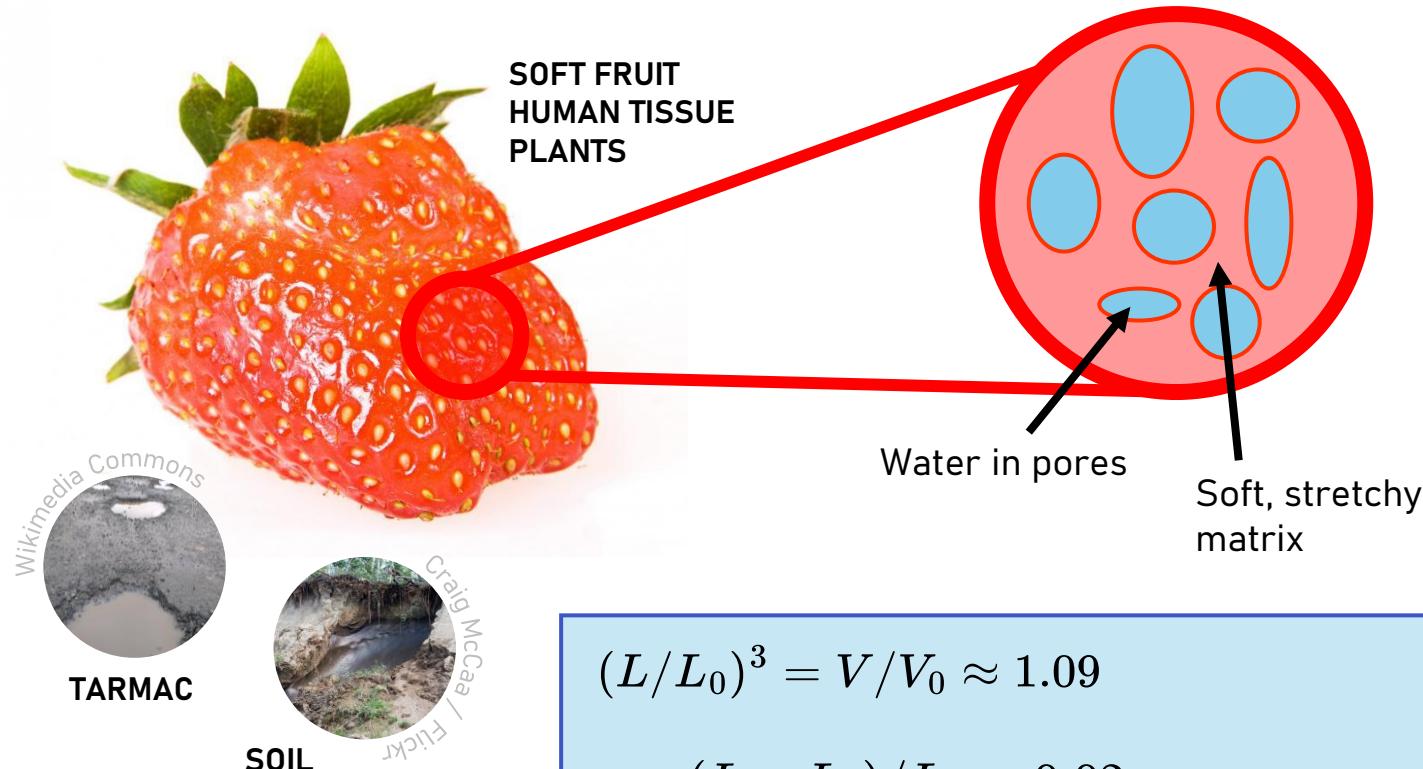


3. Building with thermo-responsive gels

Heating effects on swelling · heat transfer in
gels · building pumps with collapsing tubes



How do deformable porous media freeze?



$$(L/L_0)^3 = V/V_0 \approx 1.09$$

$$\epsilon = (L - L_0)/L_0 \approx 0.02$$

stresses must therefore scale like $0.02E$

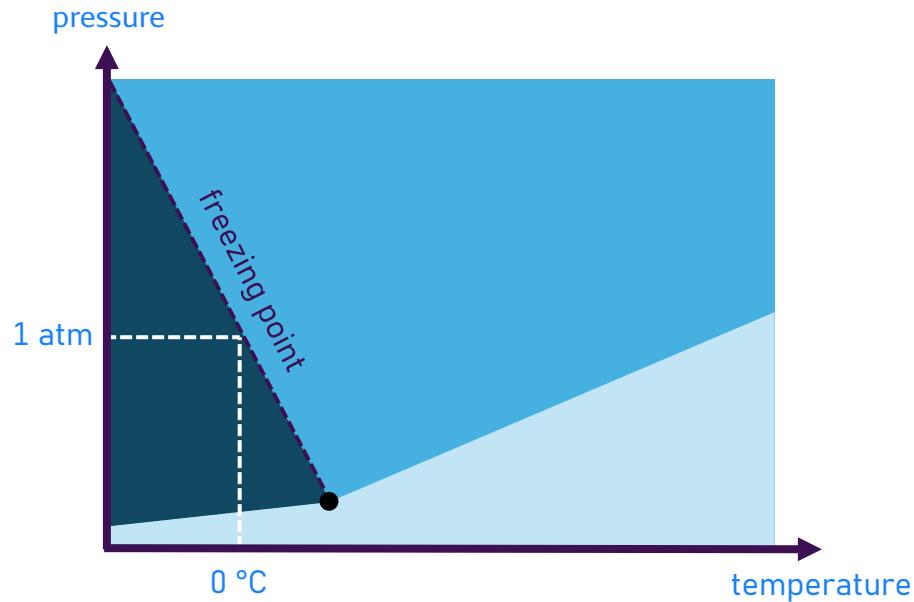
but, for a strawberry, $E \sim 10^5$ Pa yet the fracture strength $\sim 2 \times 10^4$ Pa

An et al. Food Res. Int. 169:112787 (2023)

Why does freezing cause damage?

- **Thermal expansion?** ice has a volume ~9% greater than that of liquid water
- **Freeze-thaw weathering?** repeated expansion and contraction = damage
- **Microscale damage?** cells burst when frozen and their membranes are permanently destroyed

How do deformable porous media freeze?



Pressure is raised inside the pores by capillarity, so the *ice-entry temperature* is modified by the Gibbs-Thompson relation



(neither actually derived this...)

$$T_{IE} = T_m \left[1 - \frac{\gamma \kappa}{\rho_{ice} \mathcal{L}} \right]$$

equilibrium freezing temperature (~273 K)

surface tension and average pore curvature

specific latent heat of fusion

At the boundary, temperature given by Clausius-Clapeyron relation:

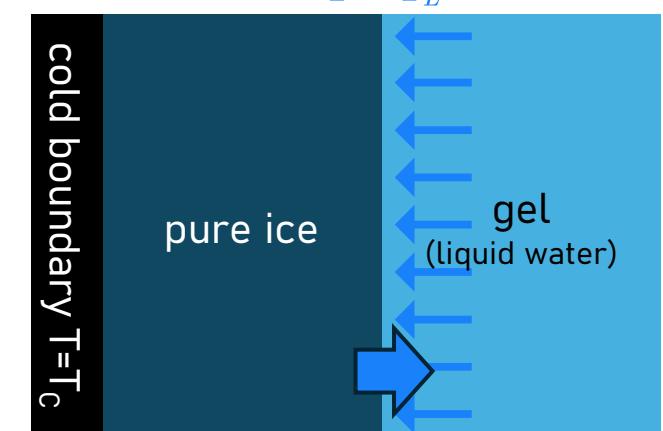


$$\beta_{water} \frac{T_L - T_m}{T_m} = \frac{T_{Im} - T_m}{T_m} \frac{\mathcal{L}}{\rho_{ice}} \frac{\mathbf{n} \cdot \boldsymbol{\sigma} \cdot \mathbf{n} + p_{atm}}{p_{gel} - p_{atm}} = -\Pi(\phi) \frac{p_{gel} - p_{atm}}{\rho_{water} \mathbf{n} \cdot \boldsymbol{\sigma} \cdot \mathbf{n}}$$

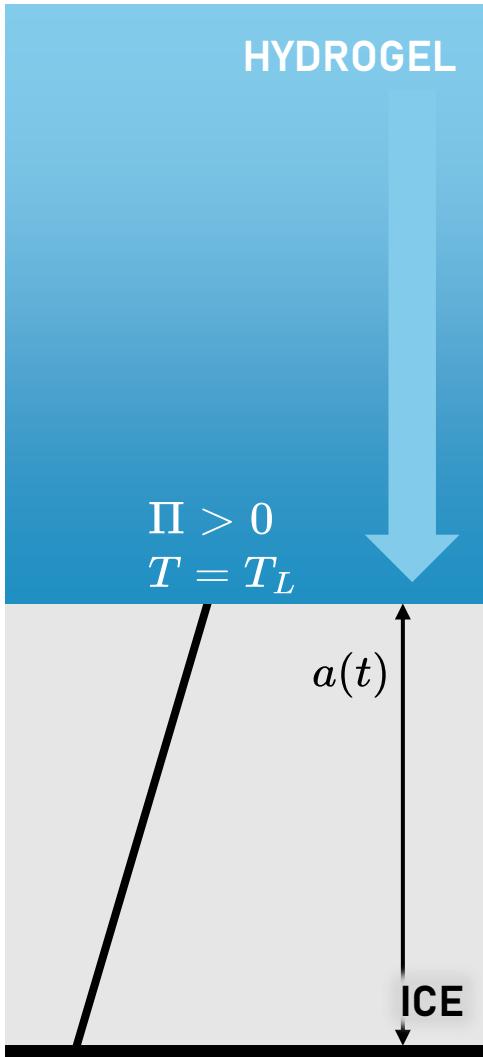
equals (-) bulk pressure

assume no overburden stress $\mathbf{n} \cdot \boldsymbol{\sigma} \cdot \mathbf{n} = -p_{atm}$

(...ditto)



How does ice grow from a hydrogel?



Clausius-Clapeyron relation: temperature depends on how dry the gel is

$$T_L = T_m \left[1 - \frac{\Pi(\phi)}{\rho_{\text{water}} \mathcal{L}} \right]$$

BC on polymer fraction

Temperature sets the amount of drying

BC on temperature

How dry the gel is sets the temperature

Stefan condition: growing ice uses up energy

Quasi-steady thermal problem implies T is linear (in ice),

$$\rho_{\text{ice}} \mathcal{L} \frac{da}{dt} = - \left[\mathcal{K} \frac{\partial T}{\partial z} \right]_-^+$$

$$\frac{da}{dt} = \frac{\mathcal{K}}{\rho_{\text{ice}} \mathcal{L}} \frac{(T_m - T_C) - T_m \Pi(\phi) / \rho_{\text{water}} \mathcal{L}}{a(t)}$$

Mass conservation: to form ice, water must be drawn from the hydrogel

$$\rho_{\text{ice}} \frac{da}{dt} = -\rho_{\text{water}} \mathbf{u} \cdot \mathbf{n} = \frac{\rho_{\text{water}} k}{\mu_l} \frac{\partial p}{\partial z}$$

Darcy's law $\mathbf{u} = -(k/\mu_l) \partial p / \partial z$

How does ice grow from a hydrogel?

HYDROGEL

Clausius-Clapeyron

The thermal problem

$$\frac{\partial T}{\partial t} = \kappa \frac{\partial^2 T}{\partial z^2} \quad \begin{cases} \text{in the ice } 0 < z < a(t) \\ \text{in the gel } a(t) < z < h \end{cases}$$

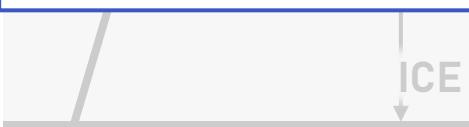
$$T = T_C \quad \text{at } z = 0$$

$$\frac{\partial T}{\partial z} = 0 \quad \text{at } z = h$$

whilst at the interface $z = a(t)$,

$$T = T_m [1 - \Pi(\phi)/\rho_{\text{water}} \mathcal{L}]$$

$$\rho_{\text{ice}} \mathcal{L} \frac{da}{dt} = - \left[\kappa \frac{\partial T}{\partial z} \right]_-^+$$



$$T = T_C < T_m$$

$$\rho_{\text{ice}} \frac{da}{dt} = -\rho_w$$

The gel problem

JJW & Worster Proc. Roy. Soc. A 481:20240721 (2025)

To describe the response of a gel, there are three material parameters:

$\Pi(\phi)$
osmotic pressure

$\mu_s(\phi)$
shear modulus

$k(\phi)$
permeability

$$\frac{\partial \phi}{\partial t} = \frac{\partial}{\partial z} \left[D(\phi) \frac{\partial \phi}{\partial z} \right] \quad \frac{\partial \phi}{\partial z} = 0 \quad \Pi(\phi) = \rho_{\text{water}} \mathcal{L} (T_m - T_L)$$

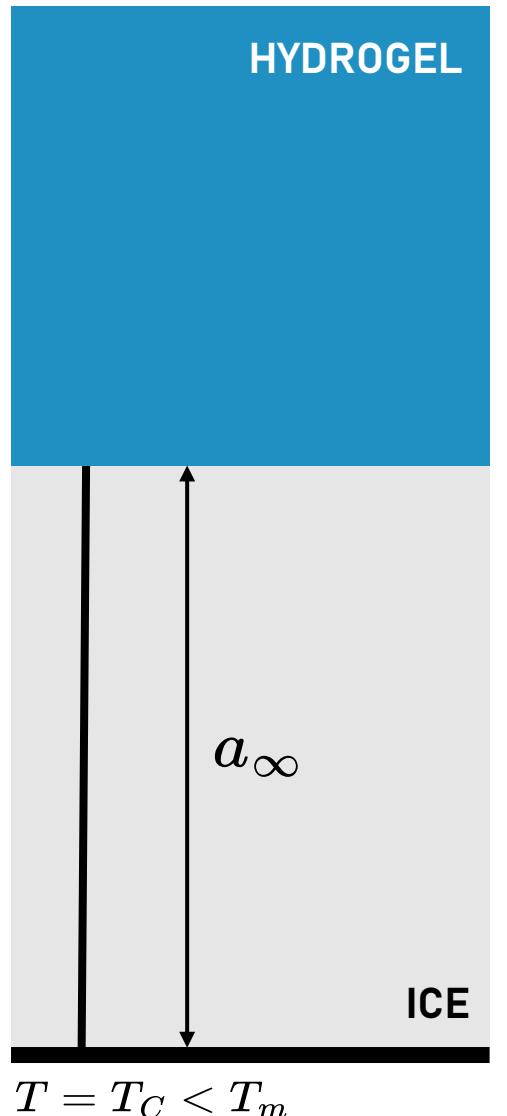
in the gel $a(t) < z < h$ at $z = h$ at $z = a(t)$

Growth rate of ice governed by mass balance at the interface,

$$\frac{da}{dt} = - \frac{D(\phi)}{\phi} \frac{\partial \phi}{\partial z}$$

Darcy's law $u = -(k/\mu_s) \partial p / \partial z$

The steady state



gel dries \rightarrow freezing temperature drops \rightarrow $T_L = T_C \rightarrow$ freezing stops

In this steady state...

- Polymer fraction is uniform (otherwise, flow from wet to dry)
- Temperature is uniformly equal to the liquidus value

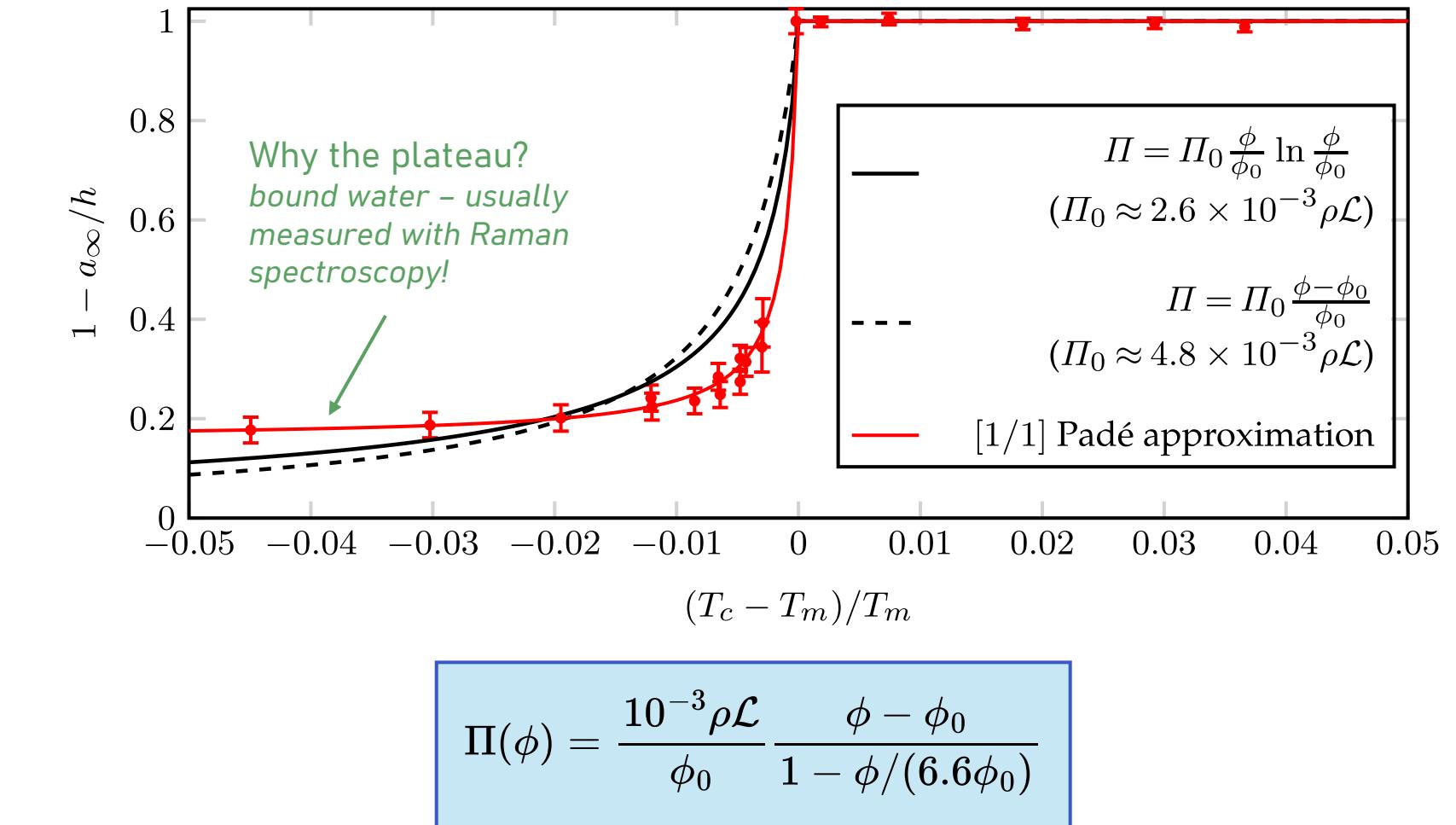
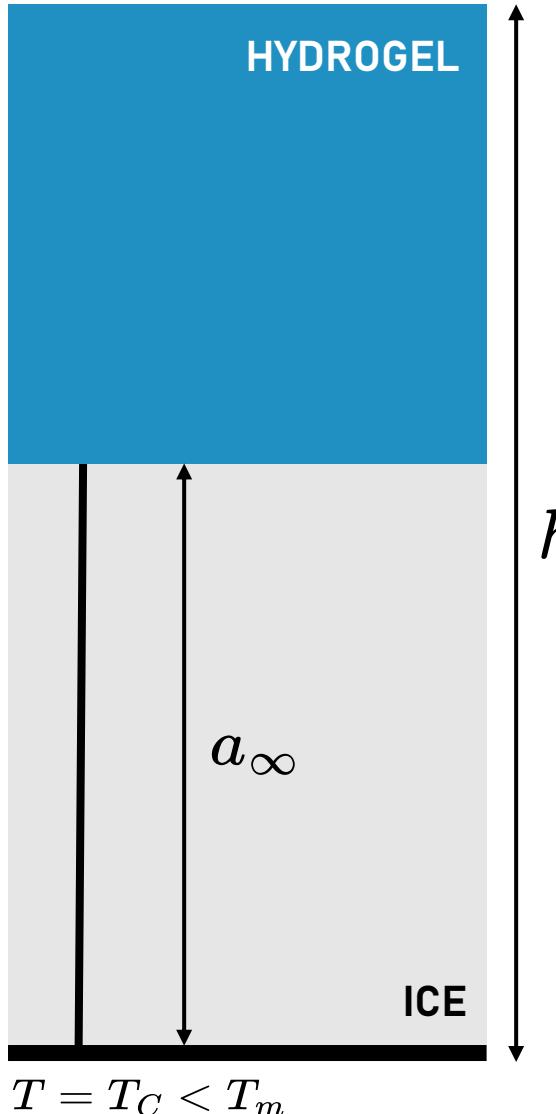
$$\Pi \left(\frac{h\phi_0}{h - a} \right) = \rho_{\text{water}} \mathcal{L} (T_m - T_C)$$

New polymer fraction comes from mass conservation
(swollen value ϕ_0) $\int_a^h \phi \, dx \equiv \phi_0 h$

This is the basis for **Gel-freezing osmometry (GelFrO)**
Feng et al. J. Mech. Phys. Solids 201:106166 (2025)

The steady state

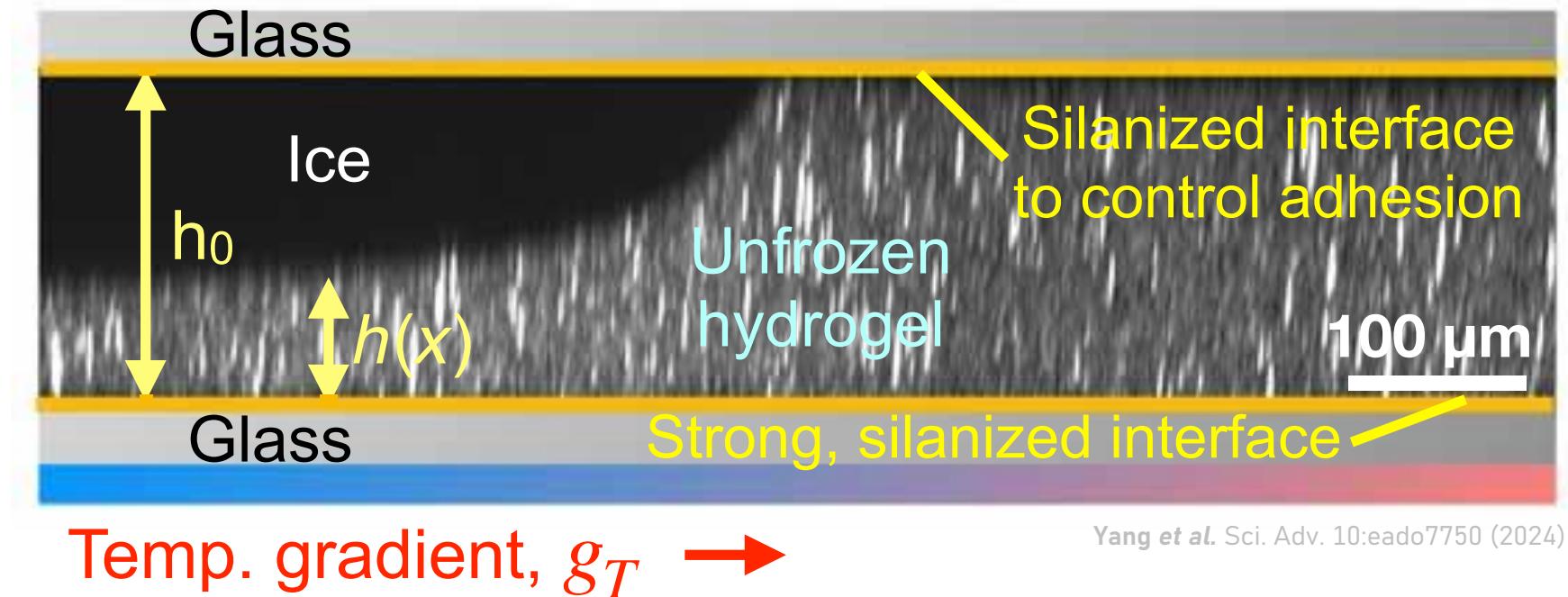
data from Feng et al. J. Mech. Phys. Solids 201:106166 (2025)



First result: freezing gels lets us probe their internal structure, including some microscopic properties that are experimentally hard to find!

How does ice lens growth damage gels?

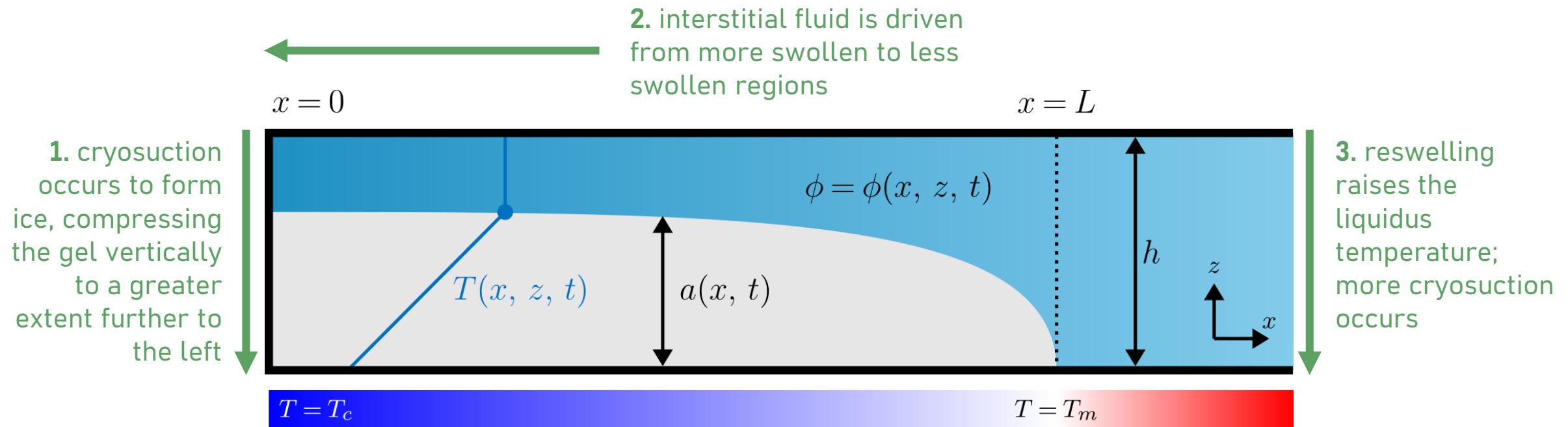
Freezing leads to stress buildup in the dried gel that remains; in our 1D example, this stress is uniform (eventually) through the gel. In 2D, however, the picture is more complicated



Yang et al. Sci. Adv. 10:ead07750 (2024)

Forming ice 'lenses'

Freezing leads to stress buildup in the dried gel that remains. In our 1D example, this stress is eventually uniform. In 2D, the picture is more complicated:



This feedback cycle only breaks when reswelling can't occur any longer. What's missing?

drying (\nwarrow) \rightarrow osmotic stress (\nwarrow) \rightarrow pore pressure (\nearrow) \rightarrow flow (\leftarrow)

OR drying (\nwarrow) \rightarrow elastic stress (\nwarrow) \rightarrow pore pressure (\searrow) \rightarrow flow (\rightarrow) ?

Modelling displacement

Gradients in pore pressure balance those in osmotic pressures **and** deviatoric (shearing) stress

$$\nabla p + \nabla \Pi = 2 \nabla \cdot [\mu_s(\phi) \epsilon] + \text{slenderness } h/L \ll 1 + \text{displacement from equilibrium } \xi = (\xi, \eta)$$

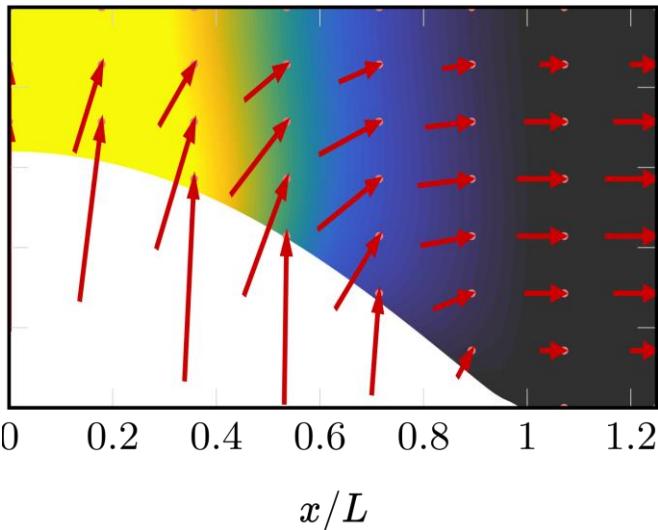
$$\frac{\partial \phi}{\partial t} + \left(\frac{\phi}{\phi_0}\right)^{-1/2} \frac{\partial \xi}{\partial t} \frac{\partial \phi}{\partial x} + \left(\frac{\phi}{\phi_0}\right)^{-1/2} \frac{\partial \eta}{\partial t} \frac{\partial \phi}{\partial z} = \frac{k(\phi)}{\mu_l} \frac{\partial}{\partial \phi} \left[\Pi(\phi) + 2\mu_s(\phi) \left(\frac{\phi}{\phi_0}\right)^{1/2} \right] \frac{\partial^2 \phi}{\partial z^2}$$

$$\nabla^4 \xi = -3 \nabla \nabla^2 (\phi/\phi_0)^{1/3}$$

JJW & Worster J. Fluid Mech. 960:A38 (2023)

$$P = p + \Pi$$

$$\xi = -\frac{1}{2\mu_s} \frac{\partial P}{\partial x} (h - z)(z - a)$$



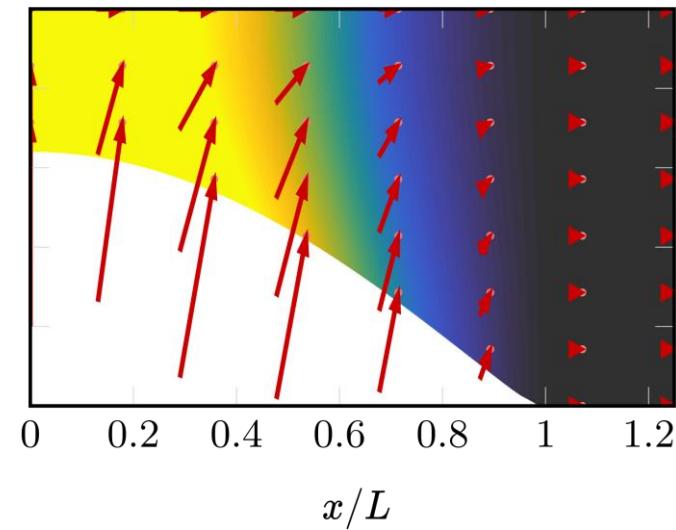
couple with a quasi-steady temperature profile (heat diffuses faster than water)

make a choice on displacement BCs

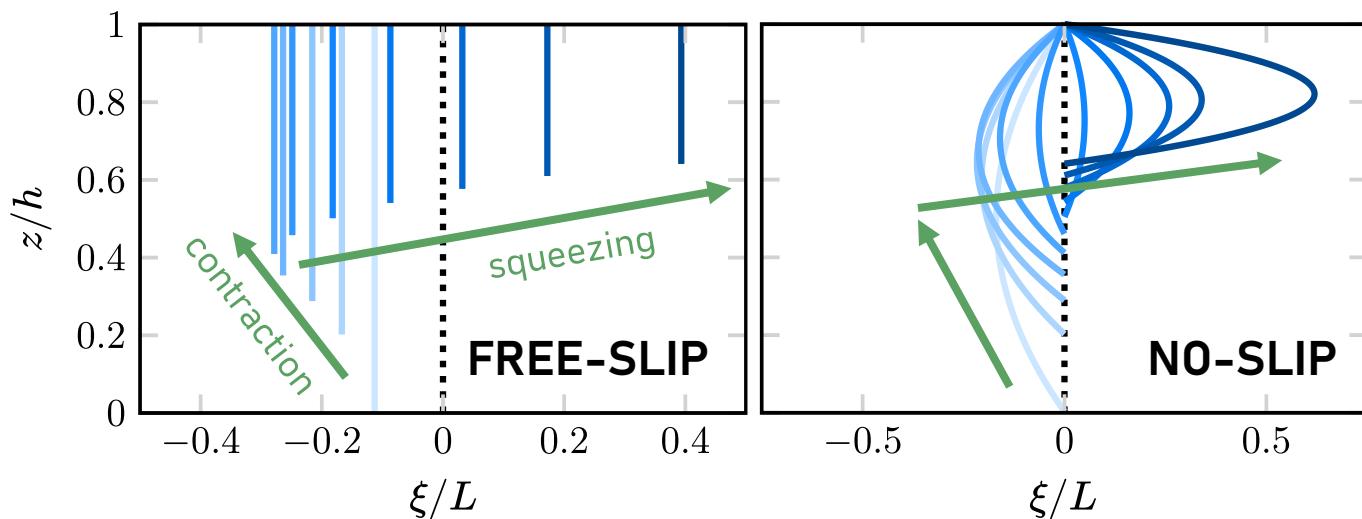
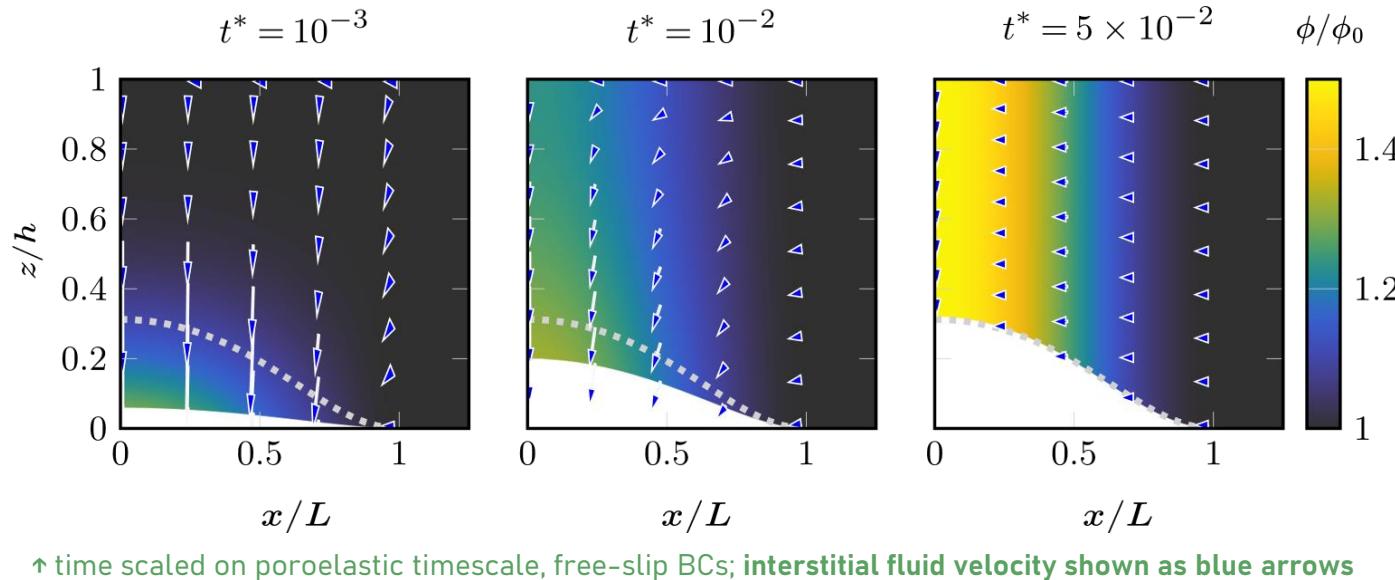
← **NO-SLIP**
parabolic horizontal displacement

FREE-SLIP →
stretched out uniform horizontal displacement

$$\xi = \int_0^x \left\{ \frac{a}{h-a} - \frac{2}{h-a} \int_a^h \left[(\phi/\phi_0)^{1/2} - 1 \right] dz' \right\} dx'$$



Dynamics of lens growth



Two phases of gel deformation:

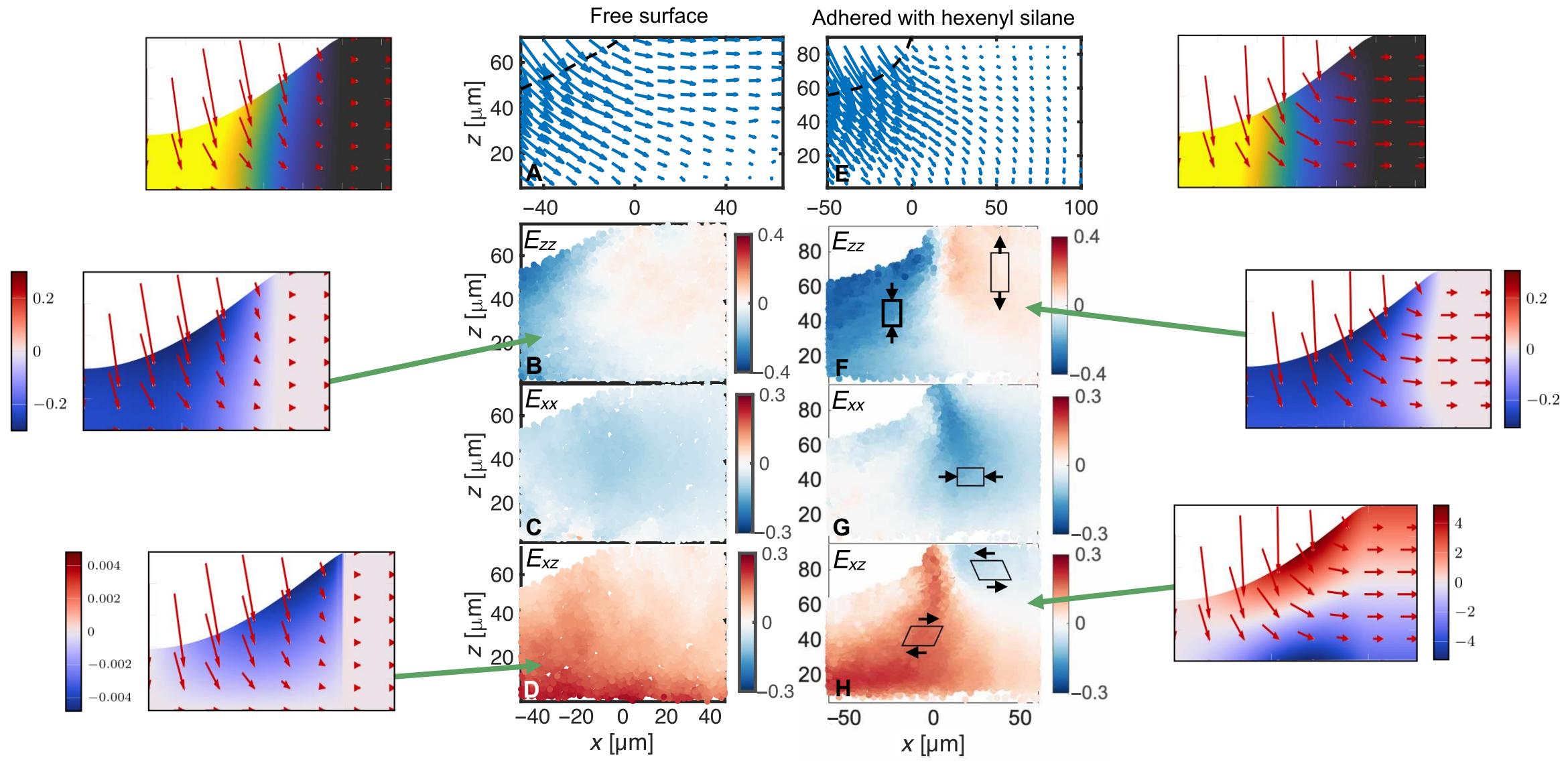
Contraction when the gel deswells, driving fluid to the ice and shrinking back in response

Squeezing when the growing ice compresses the gel and 'extrudes' it horizontally to the right

Eventually, deviatoric stresses exactly balance osmotic pressure gradients which result from

$$\Pi(\phi_\infty) = \frac{\rho \mathcal{L}}{2} \left(1 - \frac{T_C}{T_m}\right) \left(1 + \cos \frac{\pi x}{L}\right)$$

Stresses and strains

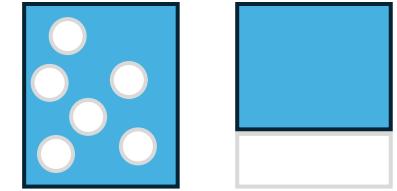


Understanding and controlling damage

How can we minimise damage, then, to soft materials when freezing them?

- **Change the temperature:**

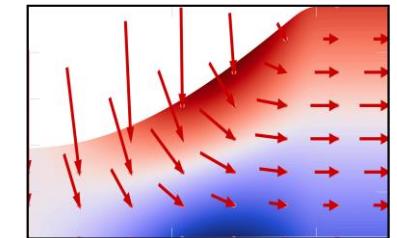
dependent on whether we want to freeze water *in situ* or preserve cell structures, choose a temperature either side of the ice-entry value



- **Change the confinement:**

materials bound to stiff substrates build up more damage

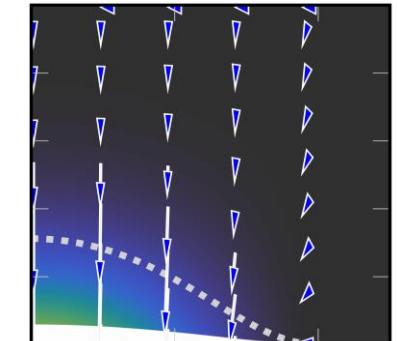
this is key in transplant organs, which should be detached from stiffer materials such as tendons to preserve them better



- **Change the rate:**

suction can cause damage, and our model quantifies the interstitial flow velocities as a function of undercooling

$$a \approx \sqrt{\frac{\kappa}{\rho \mathcal{L}} (T_m - T_C) \left(1 + \cos \frac{\pi x}{L}\right) t}$$



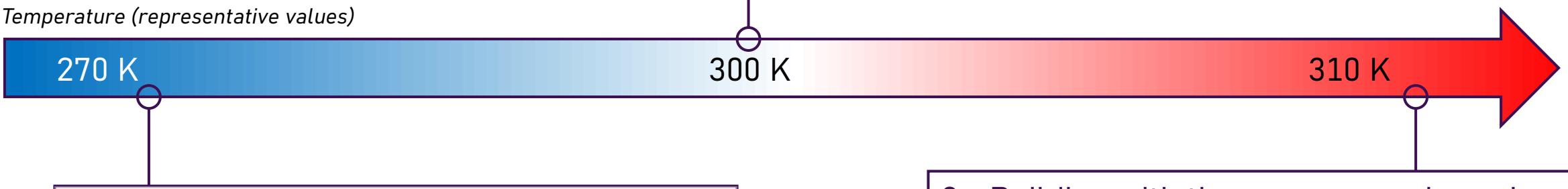
Overview

1. LENS modelling of gels

Osmosis · elastic stresses · equilibrium
swelling · transport of water · shape change
in swelling/drying · behaviour at interfaces ·
characterising a gel

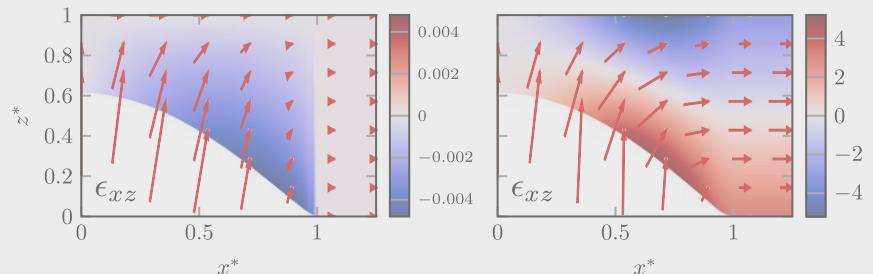


Temperature (representative values)



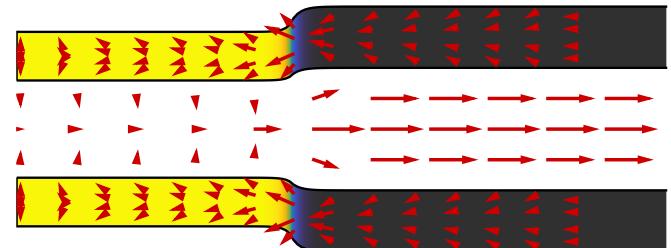
2. Freezing gels at low(-ish) temperatures

Formation of pure ice · cryosuction · applying
model to GelFr0 · a 2D model · stress buildup



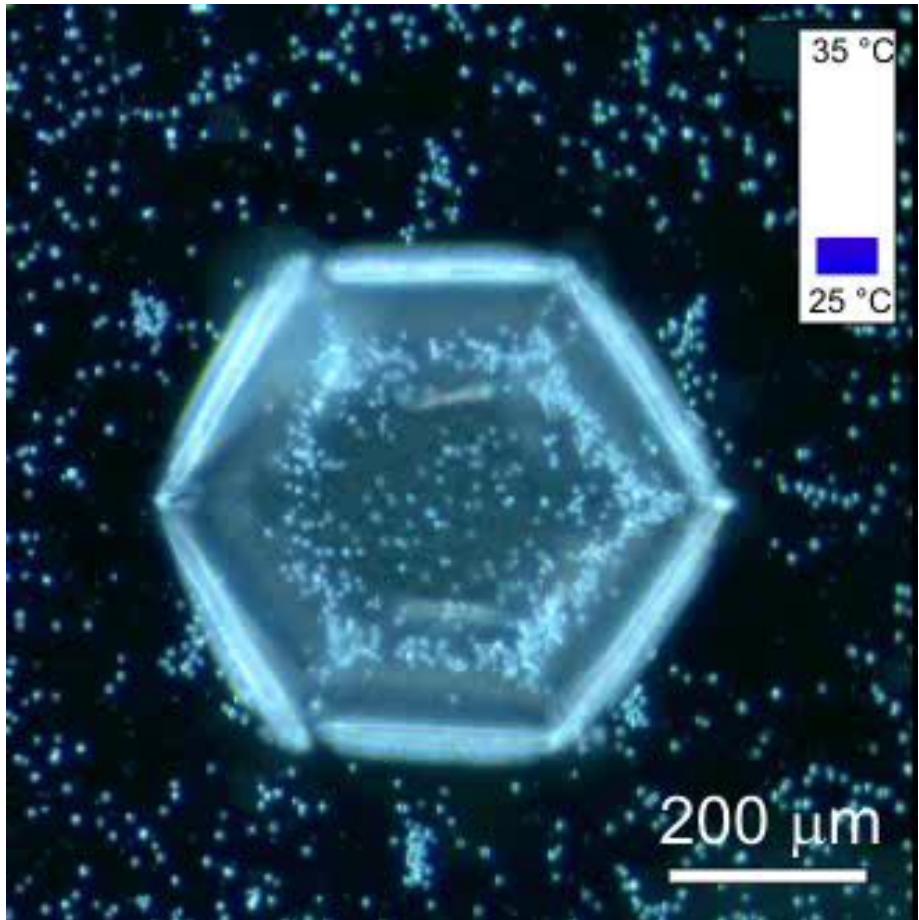
3. Building with thermo-responsive gels

Heating effects on swelling · heat transfer in
gels · building pumps with collapsing tubes



Thermo-responsive gels

Some gels, like many based on poly(N-isopropylacrylamide) (pNIPAM) undergo a transition at a critical temperature called the **Lower Critical Solution Temperature (LCST)**



Qualitatively, it appears that there is a new equilibrium (dry) polymer state above the LCST, with transition between the two states slow, mediated by diffusion of water

$$\phi_0 = \begin{cases} \phi_{00} & T \leq T_C \\ \phi_{0\infty} & T > T_C \end{cases}$$

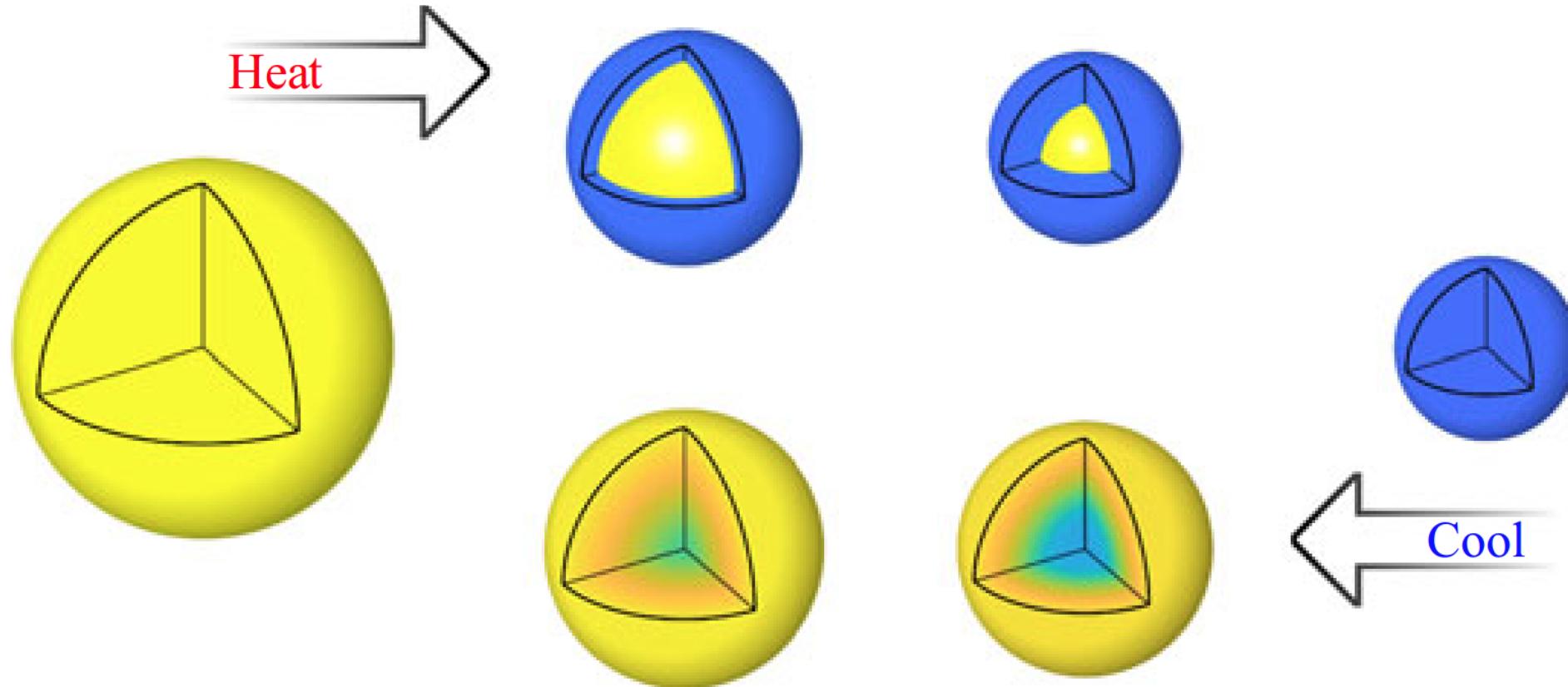
$$\mathcal{W} = \frac{k_B T}{2\Omega_p} [\text{tr}(\mathbf{F}_d \mathbf{F}_d^T) - 3 + 2 \log \phi] + \frac{k_B T}{\Omega_f} \left[\frac{1-\phi}{\phi} \log(1-\phi) + \chi(\phi, T)(1-\phi) \right]$$

Solving the implicit relation $\frac{\partial \mathcal{W}}{\partial \phi} \Big|_{\phi=\phi_0} = 0$ gives the equilibrium polymer fraction as a function of temperature if we know the interaction parameter's value

Thermo-responsive gels

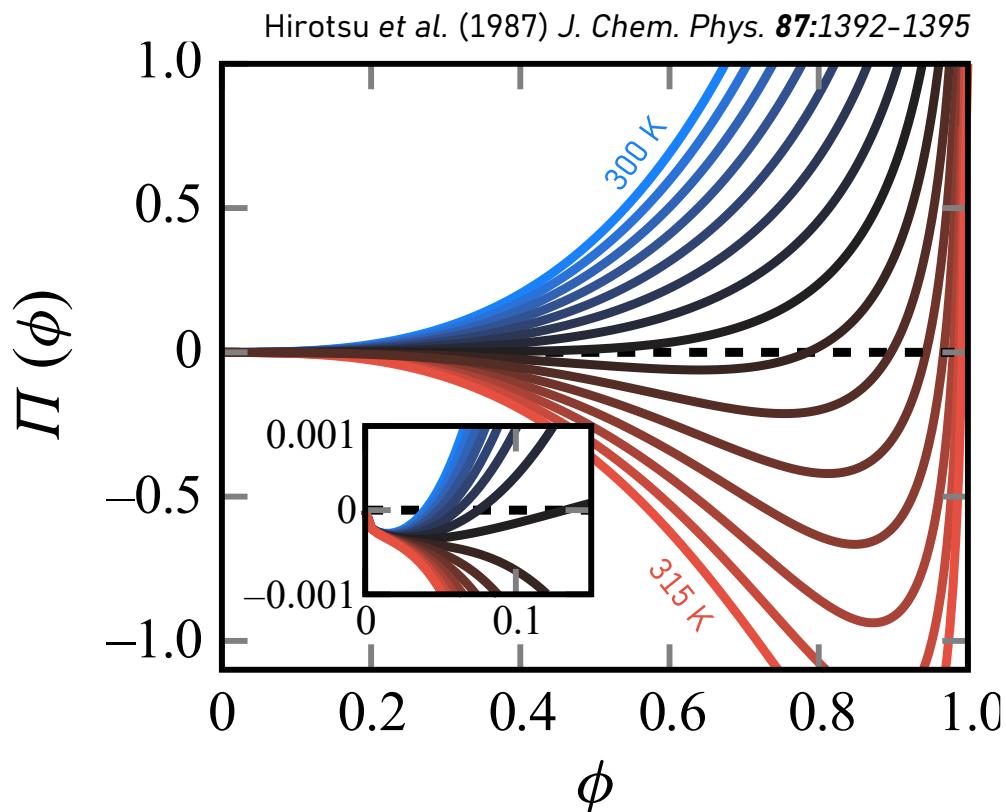


Take a simple functional form $\chi(\phi, T) = A_0 + A_1 T + (B_0 + B_1 T)\phi + \mathcal{O}(T^2, \phi^2)$



...we're skipping out some significant and important behaviour here, however.

Thermo-responsive gels



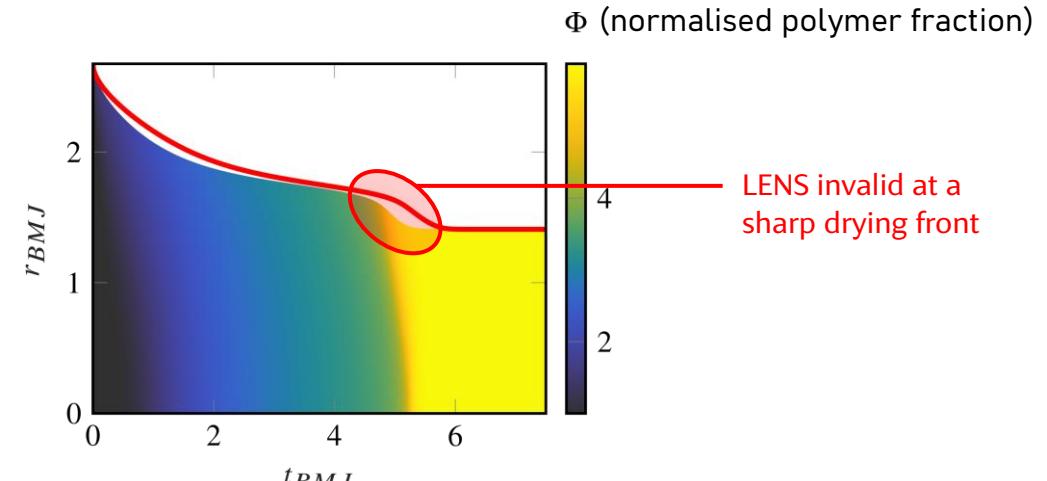
motivating our choice $\phi_0 = \begin{cases} \phi_{00} & T \leq T_C \\ \phi_{0\infty} & T > T_C \end{cases}$

If the same parameter set is used to generate a generalised osmotic pressure (in the LENS formalism), we see the same rapid switch in equilibrium values as the temperature increases

Phenomenologically, it suffices to take

$$\Pi(\phi) = \Pi_0 \frac{\phi - \phi_0(T)}{\phi_0(T)}$$

Big question: Does this work?



Heat transfer in thermo-responsive gels

1. External supply of heat
2. Heat generation due to viscous flows
3. Heat transfer by advection
4. Heat transfer by diffusion
5. Energy used in swelling or drying

full derivation in JJW & Montenegro-Johnson (2025)

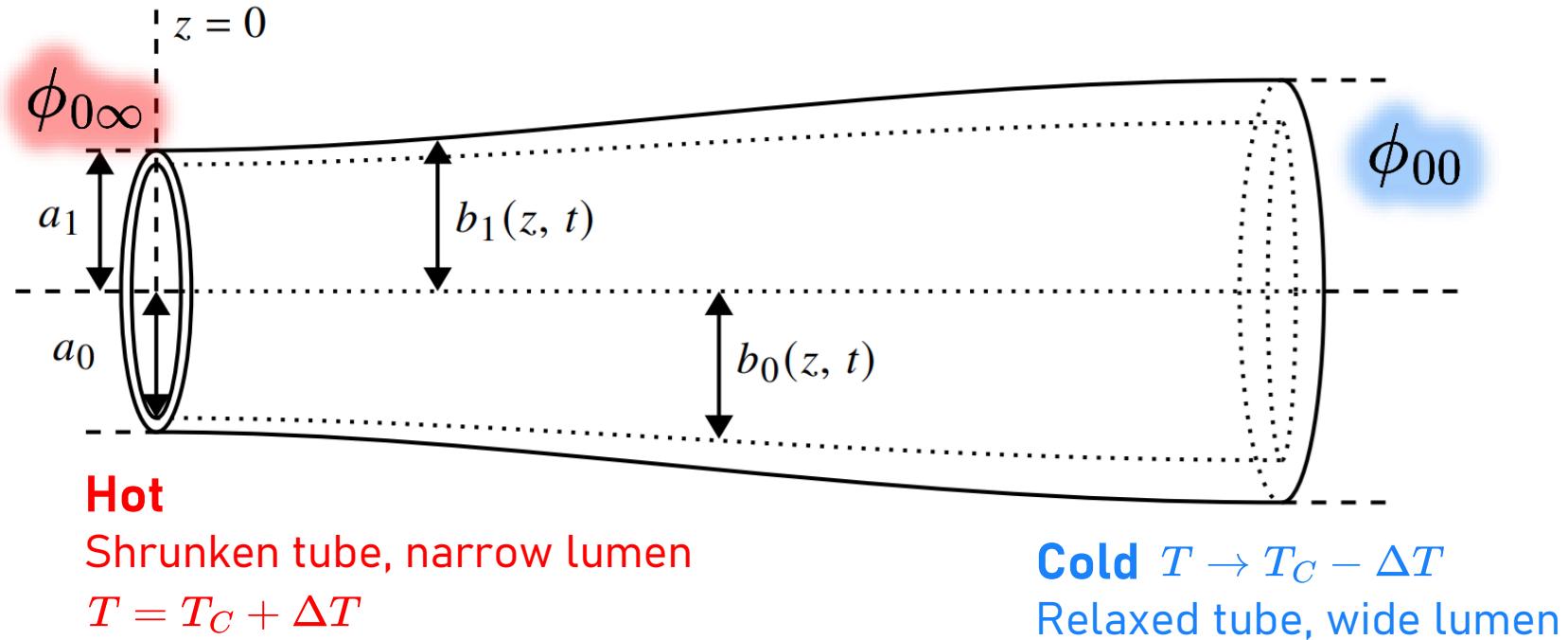
$$\frac{\partial T}{\partial t} + \mathbf{q} \cdot \nabla T = \frac{R}{\rho c} + \kappa \nabla^2 T + \frac{k(\phi)}{\rho c \mu_l} |\nabla p|^2 + \frac{1}{\phi} \left(\frac{\Pi(\phi)}{\rho c} + T \right) \frac{d\phi}{dt}$$

External heating Thermal diffusivity Permeability
Density Specific heat capacity Fluid viscosity

Usually, however, reconfiguration is 'slow' on the timescale of heat transfer by diffusion (Lewis number – thermal diffusivity over compositional diffusivity – is large), and so we can approximate

$$\frac{\partial T}{\partial t} \approx \kappa \nabla^2 T$$

Tubes of responsive gel



1. How does a heat pulse travel (symmetrically) outwards in time?
2. What happens to the shape of the tube as the pulse passes?
3. Where does the water go? How much is driven out radially, squeezed through the lumen, or transported along the gel?

Heat transfer problem

1. is easy (if we 'spherical cow' the problem a little...)

The thermal diffusivity of pNIPAM gels is close to that of water, so we can treat the heat transfer problem as occurring in a single infinite domain with only variation in the z direction

$$\kappa_{\text{gel}} \approx 1.8 \times 10^{-7} \text{ m}^2\text{s}^{-1}$$

Tél et al. (2014) *Int. J. Therm. Sci.* **85**:47-53

$$\kappa_{\text{water}} \approx 1.43 \times 10^{-7} \text{ m}^2\text{s}$$

at 1 atm and 298 K

$$T - T_C = \Delta T \left[2 \operatorname{erfc} \left(\frac{z}{2\sqrt{\kappa t}} \right) - 1 \right]$$

so there is a 'front' at $Z_C = 2 \operatorname{erfc}^{-1} \left(\frac{1}{2} \right) \sqrt{\kappa t}$ behind which the gel is deswollen

YOU'RE TRYING TO PREDICT THE BEHAVIOR OF <COMPLICATED SYSTEM>? JUST MODEL IT AS A <SIMPLE OBJECT>, AND THEN ADD SOME SECONDARY TERMS TO ACCOUNT FOR <COMPLICATIONS I JUST THOUGHT OF>.

EASY, RIGHT?

SO, WHY DOES <YOUR FIELD> NEED A WHOLE JOURNAL, ANYWAY?

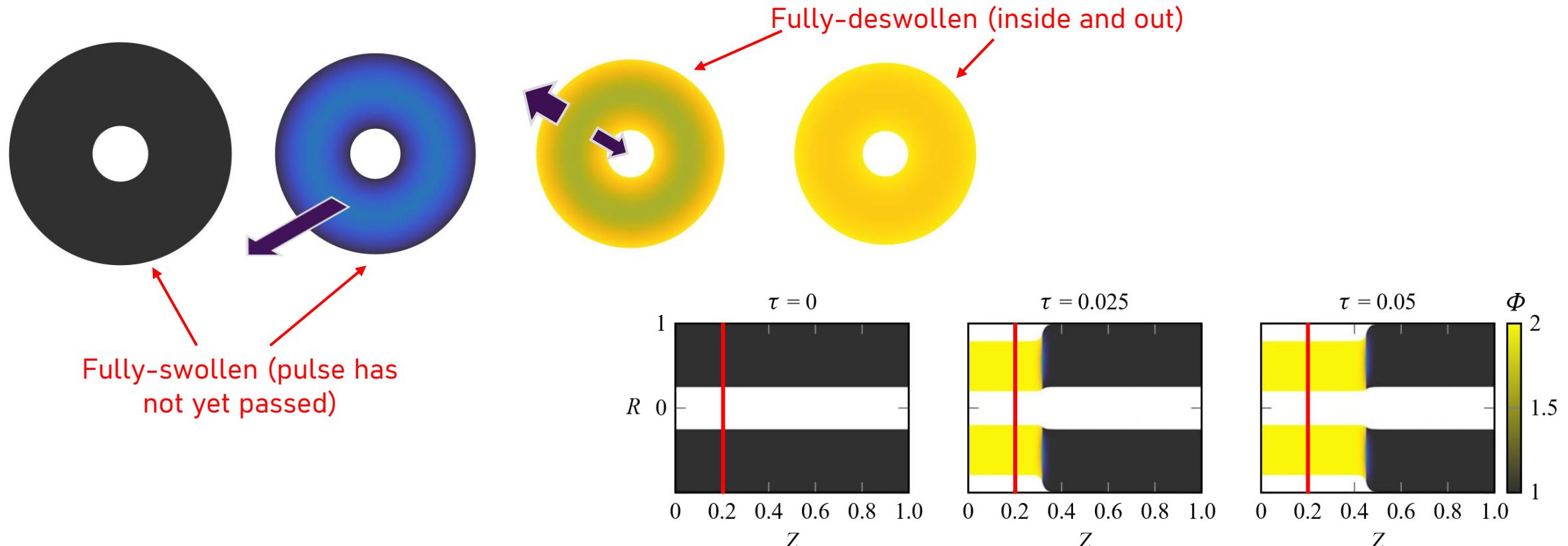


LIBERAL-ARTS MAJORS MAY BE ANNOYING SOMETIMES, BUT THERE'S NOTH'NG' MORE OBNOXIOUS THAN A PHYSICIST FIRST ENCOUNTERING A NEW SUBJECT.

Deformation of the tube

2. Shape change: is a bit harder

To attack this problem, we assume that the tube is long and thin. Balance stresses on its interface with water to find that the gel deswells to its equilibrium value on these surfaces



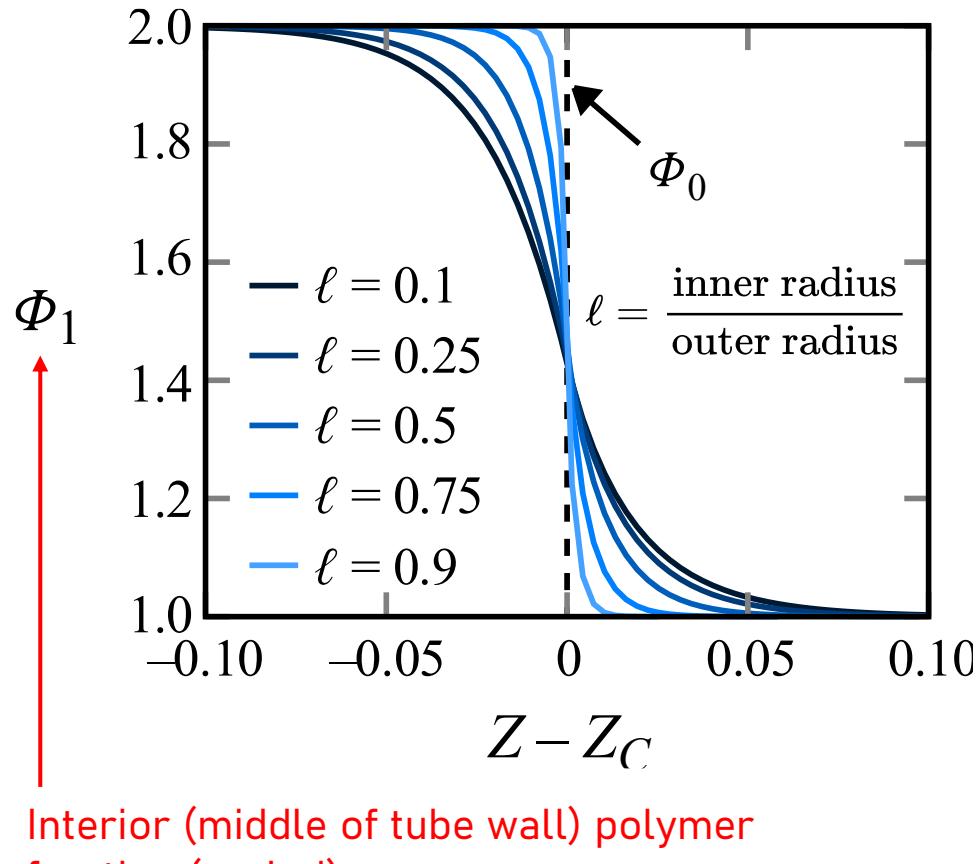
$$\frac{\partial \phi}{\partial t} + \mathbf{q} \cdot \nabla \phi = \frac{1}{r} \frac{\partial}{\partial r} \left[r D(\phi, T) \frac{\partial \phi}{\partial r} \right] + \frac{\partial}{\partial z} \left[D(\phi, T) \frac{\partial \phi}{\partial z} \right] \quad \text{with}$$
$$D(\phi, T) = \frac{k}{\mu_l} \left[\frac{\Pi_0(T)\phi}{\phi_0(T)} + \frac{4\mu_s}{3} \left(\frac{\phi}{\phi_{00}} \right)^{1/3} \right].$$

$\phi = \phi_0(T)$ on boundaries

slenderness assumption:
aspect ratio small
 $\phi = \phi_1(z, t) + \varepsilon^2 \phi_2(r; z, t)$
then separate variables

Deformation of the tube

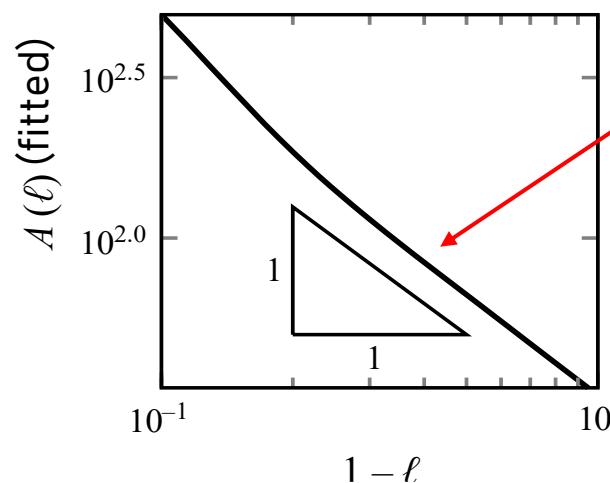
The inside and the outside instantaneously deswell, but the interior takes some time – it's slower for a thicker tube. This leads to 'smoother' profiles for thick tubes.



The 'smoothed step' profile suggests that we can nicely approximate the tube with a hyperbolic tangent,

$$\Phi_1 \approx \Phi_\infty - \frac{\Phi_\infty - 1}{2} \{1 + \tanh [A(\ell)(Z - Z_C)]\}$$

Dry polymer fraction (scaled)

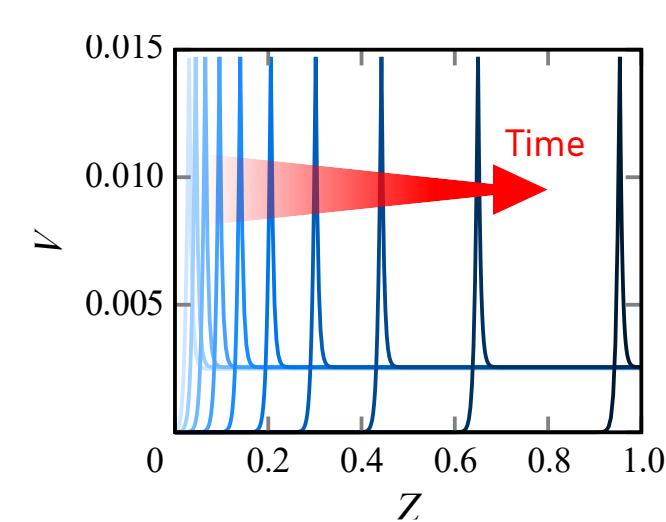
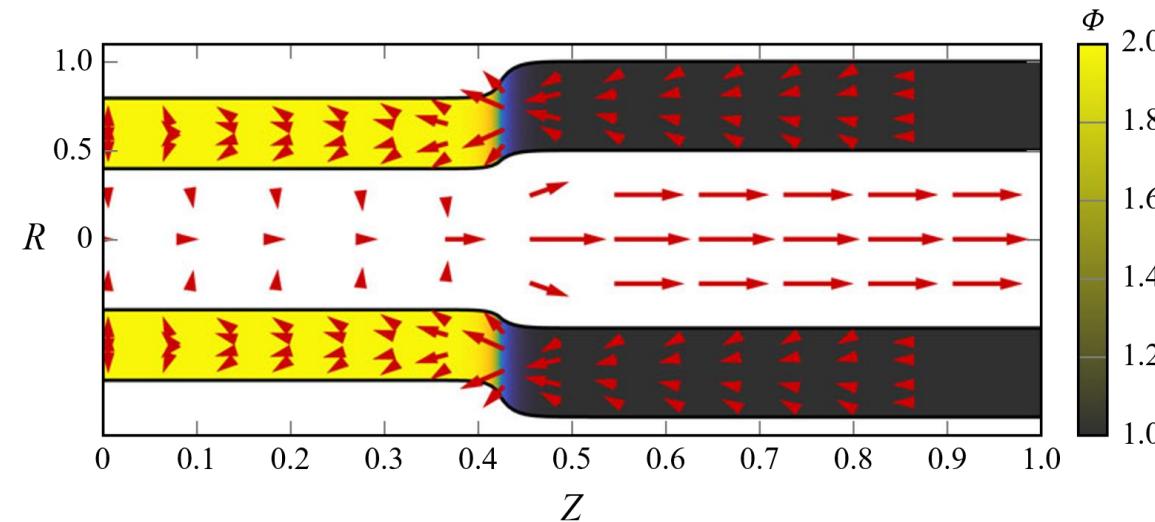
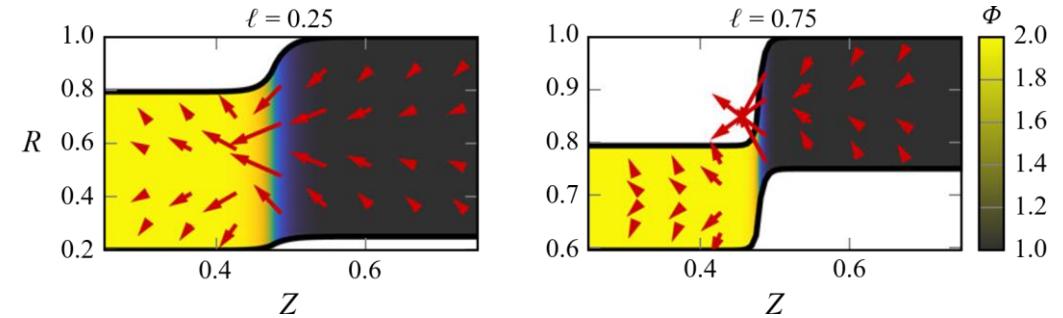


This has the corollary of quantifying how much faster the response time is for thinner walls

The fluid pulse

3. Fluid flows arise in three places:

- Radial fluxes from the tube walls into the surroundings as they deswell – $u_r \propto \partial\phi/\partial r$
- Axial fluxes through the gel from more swollen to less swollen regions (probably small)
- Axial fluxes arising from conservation of fluid: the tube collapses and squeezes water along its length



with thanks to



Tom Montenegro-Johnson
Warwick



Grae Worster
Cambridge

more details can be found in

- Webber, J. J. & Worster, M. G.** *J. Fluid Mech.* 960:A37 (2023)
- Webber, J. J., Etzold, M. A. & Worster, M. G.** *J. Fluid Mech.* 960:A38 (2023)
- Webber, J. J. & Worster, M. G.** *Phys. Rev. E* 109:044602 (2024)
- Webber, J. J. & Montenegro-Johnson, T. D.** *J. Fluid Mech.* 1009:A38 (2025)
- Webber, J. J. & Worster, M. G.** *Proc. Roy. Soc. A* 481:20240721 (2025)
- Webber, J. J. & Montenegro-Johnson, T. D.** *Phys. Rev. Res.* 7:L032055 (2025)
- Webber, J. J. & Montenegro-Johnson, T. D.** *Phys. Rev. Fluids* 10:100501 (2025)



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